

Meeting Discussion Guide >>>

January 7, 2011

Alaska Health Care Commission

1. Identify Main Points from Public Comments
2. 2010 Recommendations
 - ☐ Changes Based on Public Comment?
 - ☐ Commission Changes?
 - ☐ Approve
3. 2011 Analyses
 - ☐ Changes Based on Public Comment?
 - ☐ Commission Changes?
 - ☐ Approve
4. 2011 Strategies
 - ☐ Changes Based on Public Comment?
 - ☐ Commission Changes? Additions from Future List?
 - ☐ Approve
5. Future Strategies
 - ☐ Anything to Add?
6. Process
7. Future Meeting Dates

Discussion Overview



- » Support Medical Home Model
- » Workforce Issues & Strategies
- » Cost of Care Analysis & Strategies
- » Payment Reform Strategies
- » Encourage Healthy Lifestyles
- » Encourage Patient Responsibility
- » Measures of Health System Improvement
- » Improvement of Specific Services & Programs
- » Facility Supply & Distribution
- » Commission Process

Public Comments



» Support Medical Home Model

- ☐ Pilot – Develop Alaskan Standards

» Workforce Issues & Strategies

- ☐ Include Volunteer EMTs
- ☐ Support Family Physicians
- ☐ Loan Repayment/Incentives as Recruitment Tool
- ☐ Health Aides – acknowledge and support all types
- ☐ Streamline Licensure Processes
- ☐ Nurses' Role

» Cost of Care Analysis & Strategies

- ☐ Analyze Cost of Operating a Practice in Alaska
- ☐ Tort Reform

Public Comments

» Payment Reform Strategies

- ☐ Streamline billing processes
- ☐ Caution about service bundling

» Insurance Coverage

- ☐ Underinsurance

» Encourage Healthy Lifestyles

- ☐ Governor's Challenge

» Encourage Patient Responsibility

» Measures of Health System Improvement

- ☐ Use Positive rather than negative framing

Public Comments

» Improvement of Specific Services & Programs

- ☐ Primary Care
- ☐ Rehabilitation
- ☐ Behavioral Health
 - + Integration with Primary Care
- ☐ Long Term Care
- ☐ Denali KidCare
- ☐ Veterans' Care

» Facility Supply & Distribution

» Commission Process

- ☐ Define Health Care
- ☐ Engage Stakeholders
 - + Nurses and Nurse Practitioners
 - + AK Mental Health Board and Advisory Board on Alcoholism & Drug Abuse
 - + Other Organizations

Public Comments

» Public Comments on Evidence-Based Medicine

- ☐ Don't just emphasize provider quality and evidence-based medicine – also focus on patient responsibility
- ☐ Questioned the outcomes/effectiveness of programs listed

» Other Specific Recommendation Requests

- ☐ Loan Repayment
- ☐ Medical Home Pilot

Comments Re: 2010 EBM Rec.s

- » **Finding A.3.a:** Waste in the health care system due to misused medical resources is estimated to represent as much as 30% of health care spending.
- » **Finding A.3.b:** Evidence-based medicine can increase the effectiveness of medical treatment, improve the quality of health care, and reduce health care costs.
- » **Finding B.3.c:** Public and private health care sectors have demonstrated an increasing interest in applying evidence-based medicine to policy and practice in response to high and rising costs and variations in quality of health care.
- » **Finding A.3.d:** Involvement of health care providers and consumers in decision-making is essential to the successful application of evidence-based medicine to clinical practice and public and private payer policies.

✓ 2010 EBM Findings

- » **Recommendation A.3.a:** The Commission recommends that the Governor and Alaska Legislature encourage and support State health care programs to engage in the application of high grade evidence-based medicine in making determinations about benefit design (covered services, prior authorization requirements, patient cost-sharing differentials) and provider payment methods.
- » **Recommendation A.3.b:** The Commission recommends that the Governor require State health care programs to coordinate development and application of evidence-based medicine policies to create a consistent approach to supporting improved quality and efficiency in Alaska's health care system.
- » **Recommendation A.3.c:** The Commission recommends that the Governor require State health care programs to involve health care providers and consumers in decision making related to the application of evidence-based medicine to public policy. The purpose of such involvement is to support a transparent process leading to policies that avoid restricting access to appropriate treatment and that foster informed discussions between patients and clinicians in which individualized, evidence-based choices improve the quality of health care.

✓ 2010 EBM Rec.s

» The Commission Should also Analyze

- ☐ cost of operating a practice in Alaska
- ☐ % of Alaskans who don't have access to primary care
- ☐ % of Alaskans who are underinsured
- ☐ % of Alaskans who are insured but do not utilize services

Comments Re: 2011 Analyses

» Cost Analysis

- ☐ ISER analysis of health care spending and cost drivers in Alaska

» Health Care Pricing & Reimbursement Study

- ☐ Actuarial contract comparing billed and allowed charges
- ☐ Includes analysis of reimbursement vs. cost of providing Medicare

» Health Status Assessment

- ☐ Request of DHSS for current information on key health indicators

✓ 2011 Analyses

» Value

- ☐ Tort Reform
- ☐ Streamline billing processes
- ☐ Caution about service bundling

» Workforce

- ☐ Streamline licensure process
- ☐ Volunteer EMTs
- ☐ Nurses' Role

» Healthy Lifestyles

- ☐ Governor's Challenge

» Patient Responsibility

Comments Re: 2011 Strategies

» Improvement of Specific Services & Programs

- ☐ Primary Care & Medical Home Model
- ☐ Rehabilitation
- ☐ Behavioral Health
 - + Integration with Primary Care
- ☐ Long Term Care
- ☐ Denali KidCare
- ☐ Veterans' Care

» Facility Supply & Distribution

Comments Re: 2011 Strategies

» Consumer's Role

- ☐ Prevention: Healthy Lifestyles
 - + On-line Community Health Data System
- ☐ Value
 - + Primary Care Innovation – *Next Steps*
 - + Increase Price & Quality Transparency
 - + Bundled Payment Systems
 - + Leverage State Purchasing Power
- ☐ Access
 - + Insurance Industry Regulation/Deregulation

» Statewide Leadership

- ☐ Measuring Health System Improvement

» Workforce Development – *Next Steps*

✓ 2011 Strategies

» Value (Cost & Quality)

- ☐ Move to value-driven purchasing
 - + Pay-for-Performance
 - + Medical error/infection reporting and non-payment
- ☐ Control fraud and abuse
- ☐ Reform malpractice system
- ☐ Support process and quality improvement
- ☐ Increase consumer participation in payment for services
 - + Health Savings Accounts
- ☐ Identify additional innovative patient-centered health care strategies to address high cost patients

» Access

- ☐ Increase insurance coverage
 - + New insurance programs
 - + Health insurance exchange
 - + Medicaid expansion
 - + Individual and/or business subsidies
 - + Individual and/or business mandates
- ☐ Address availability of specific services
 - + Behavioral health
 - + Long term care
 - + Trauma care
 - + Clinical preventive services
 - + Pediatric specialties

» Prevention

- ☐ Safe water and sanitation systems
- ☐ Employee health risk management

Future Strategies

» Define Health Care

- ☐ And Health, Health Care System, Health Care Continuum?

» Engage Stakeholders

- ☐ Nurses and Nurse Practitioners
- ☐ AK Mental Health Board and Advisory Board on Alcoholism & Drug Abuse
- ☐ Other Organizations

Comments Re: Process

Tentative 2011 Meeting Dates

- » March 10-11
- » May 17-18
- » July 27-28
- » October 13-14

Public Comment Period: November 1 – 25, 2011

- » December 9

Potential Meeting Dates > 17

2012

» February (Juneau)

» May

» August

» October

Public Comment Period: November

» December

Potential Meeting Dates > 18